



Nicholas Dermott Vance Allen

924511196

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Nicholas Dermott Vance Allen	<b>Number</b>	924511196
<b>Postcode</b>	CV10 7RH	<b>Address</b>	Samuel Ryder House Barling Way Eliot Park Nuneaton Warwickshire United Kingdom
<b>Date of birth</b>	April 1968	<b>Nationality</b>	British
<b>Total current directorships</b>	17		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
L1R HB LIMITED	FC034773	Active - Accounts Filed	30/04/2023		Director
ADIA HEALTH LIMITED	11368931	Active - Accounts Filed	30/04/2023		Director
L1R HB MIDCO SUB LIMITED	FC034763	Active - Accounts Filed	30/04/2023		Director
LIFECYCLE 2018 LIMITED	01816173	Non-Trading	30/04/2023		Director
HOLLAND & BARRETT RETAIL LIMITED	02758955	Active - Accounts Filed	30/04/2023		Director
L1R HB FINANCE LIMITED	FC034767	Active - Accounts Filed	30/04/2023		Director
HOLLAND & BARRETT LIMITED	00390308	Non-Trading	30/04/2023		Director
PRECISION ENGINEERED LIMITED	05059593	Non-Trading	30/04/2023		Director
HOLLAND & BARRETT HOLDINGS LIMITED	03262074	Active - Accounts Filed	30/04/2023		Director
HOLLAND & BARRETT GROUP LIMITED	03086306	Active - Accounts Filed	30/04/2023		Director
BLOW LTD	08488937	In Liquidation	30/04/2023		Director
HOLLAND & BARRETT (BENELUX) LIMITED	08684899	Non-Trading	30/04/2023		Director
BEYOND 100 LIMITED	12526822	Non-Trading	30/04/2023		Director
HOLLAND & BARRETT INTERNATIONAL LIMITED	04515115	Active - Accounts Filed	30/04/2023		Director
L1R HB MIDCO LIMITED	FC034766	Active - Accounts Filed	30/04/2023		Director
HEALTH & DIET CENTRES LIMITED	01981210	Active - Accounts Filed	30/04/2023		Director
L1R HB HOLDINGS LIMITED	FC034762	Active - Accounts Filed	12/04/2023		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
AVIE AI LTD	13441606	Company is dissolved	30/04/2023		Director



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LIVINGSTON V.E. LIMITED	03748365	Company is dissolved	09/04/2018	24/04/2019	Director
VISION EXPRESS GROUP LIMITED	02939455	Active - Accounts Filed	09/04/2018	24/04/2019	Director
VISION EXPRESS LIMITED	08303913	Active - Accounts Filed	09/04/2018	24/04/2019	Director
WOOD GREEN V.E. LIMITED	03835061	Company is dissolved	09/04/2018	24/04/2019	Director
DONCASTER VE LIMITED	07245532	Company is dissolved	09/04/2018	24/04/2019	Director
VISION EXPRESS (UK) LIMITED	02189907	Active - Accounts Filed	09/04/2018	24/04/2019	Director
BOSTON TOWN VE LIMITED	07554163	Active - Accounts Filed	09/04/2018	31/08/2018	Director
FAREHAM V.E. LIMITED	03621802	Company is dissolved	09/04/2018	24/04/2019	Director
KETTERING V.E. LIMITED	03736356	Company is dissolved	09/04/2018	24/04/2019	Director
EASTBOURNE V.E. LIMITED	03574866	Company is dissolved	09/04/2018	24/04/2019	Director
BOSTON V.E. LIMITED	03754292	Company is dissolved	09/04/2018	24/04/2019	Director
REIGATE VE LIMITED	07630410	Company is dissolved	09/04/2018	24/04/2019	Director
VISION EXPRESS OPTOMETRIC SERVICES LIMITED	02588830	Company is dissolved	09/04/2018	24/04/2019	Director
LINKMEL V.E. LIMITED	03518117	Company is dissolved	09/04/2018	24/04/2019	Director
VISION EXPRESS JOINT VENTURES LIMITED	02981780	Company is dissolved	09/04/2018	24/04/2019	Director
VISION EXPRESS (CLS) LIMITED	03193054	Active - Accounts Filed	09/04/2018	24/04/2019	Director
ABBEYFIELD V.E. LIMITED	03104285	Active - Accounts Filed	09/04/2018	24/04/2019	Director
VS OPTICS LIMITED	04181845	Company is dissolved	09/04/2018	24/04/2019	Director