



Christopher Michael Sewell

924225040

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Christopher Michael Sewell	<b>Number</b>	924225040
<b>Postcode</b>	DH9 0ES	<b>Address</b>	7 Watson Street Shield Row Stanley County Durham
<b>Date of birth</b>	October 1981	<b>Nationality</b>	British
<b>Total current directorships</b>	3		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
GYM SYNC LIMITED	15265527	Active - Newly Incorporated	04/12/2023		Director
BARBELL BETTIES LIMITED	08616935	Active - Accounts Filed	01/09/2020		Director
APEX ABILITY GEAR LIMITED	12730759	Active - Accounts Filed	09/07/2020		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
APEX GYM LIMITED	11159664	Company is dissolved	19/01/2018		Director