



Ben Garwood

917327290

Director Information

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|------------------------------------|-------------|--------------------|-----------|
| Title | Mr | Honours | |
| Name | Ben Garwood | Number | 917327290 |
| Postcode | | Address | |
| Date of birth | March 1977 | Nationality | British |
| Total current directorships | 7 | | |

List of Current Directorships

| Company Name | Number | Company Status | App. Date | Res. Date | Position |
|-----------------------------------|----------|-----------------------------|------------|-----------|----------|
| GROUND HAMMER TRAINING CENTRE LTD | 15281080 | Active - Newly Incorporated | 13/11/2023 | | Director |
| TAC BJJ LTD | 14952142 | Active - Newly Incorporated | 22/06/2023 | | Director |
| QMS.LONDON LTD | 14688348 | Active - Newly Incorporated | 24/02/2023 | | Director |
| HR4K HEREFORD LTD | 13293029 | Active - Accounts Filed | 25/03/2021 | | Director |
| HR4K INDUSTRIES LTD | 13069627 | Active - Accounts Filed | 08/12/2020 | | Director |
| GROUND HAMMER LTD | 11026254 | Active - Accounts Filed | 23/10/2017 | | Director |
| HR4K LTD | 09921130 | Active - Accounts Filed | 17/12/2015 | | Director |

List of Previous Directorships

| Company Name | Number | Company Status | App. Date | Res. Date | Position |
|-----------------------------------|----------|-------------------------|------------|------------|----------|
| HR4K SPTA LTD | 14336796 | Company is dissolved | 05/09/2022 | | Director |
| COINFLOOR LIMITED | 08493818 | Active - Accounts Filed | 25/01/2022 | 18/04/2022 | Director |
| HR4K LOGISTICS LTD | 13617820 | Company is dissolved | 13/09/2021 | | Director |
| THE GRIND COFFEE HOUSE LTD | 13053365 | Active - Accounts Filed | 01/12/2020 | 01/07/2022 | Director |
| LIFELONG PROPERTIES LTD | 12384586 | Active - Accounts Filed | 03/01/2020 | 01/01/2022 | Director |
| NODE TRADING LTD | 11971654 | Active - Accounts Filed | 01/01/2020 | 01/07/2022 | Director |
| TRU GRT LTD | 11478060 | Company is dissolved | 23/07/2018 | 08/05/2019 | Director |
| PIVOTAL DEFENCE SOLUTIONS LIMITED | 08274742 | Active - Accounts Filed | 31/10/2012 | 20/09/2013 | Director |