



Umaad Arif Sheikh

916287590

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Umaad Arif Sheikh	<b>Number</b>	916287590
<b>Postcode</b>	E7 0QH	<b>Address</b>	46 Woodgrange Road London England
<b>Date of birth</b>	August 1983	<b>Nationality</b>	British

**Total current directorships**

2

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
INSTANT PHARMA UK LTD	15610030	Active - Newly Incorporated	02/04/2024		Director
VARIOLINE ESTATES LTD	14946241	Active - Newly Incorporated	19/06/2023		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
ARHAM BROS LTD	14856052	Active - Accounts Filed	09/05/2023	24/06/2023	Director
VARIOLINE CARE LIMITED	12300996	Company is dissolved	06/11/2019		Director
RUSH TRADING LTD	11412228	Active - Accounts Filed	13/06/2018	31/03/2019	Director
VARIOMED LTD	09280315	Company is dissolved	06/10/2015	06/10/2015	Director
HASANAH TRUST	09602784	Active - Accounts Filed	22/05/2015	03/06/2017	Director
MY CARE PRODUCTS LTD	08343180	Company is dissolved	10/09/2013	14/01/2013	Director
WOODGRANGE SOLICITORS LLP	OC379022	Active - Accounts Filed	04/10/2012	24/05/2023	LLP Designated Member
I MARKETING CONSULTANTS LTD	07766871	Company is dissolved	08/09/2011	15/05/2013	Director