



Sacha Rook

916127848

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Sacha Rook	<b>Number</b>	916127848
<b>Postcode</b>	EC1A 4EN	<b>Address</b>	16 St. Martin's Le Grand London
<b>Date of birth</b>	April 1970	<b>Nationality</b>	British
<b>Total current directorships</b>	0		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
N/A*					

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
METHODS CONSULTING (DIGITAL) LIMITED	08906721	Company is dissolved	01/05/2014	21/04/2017	Director
METHODS DIGITAL LIMITED	08906750	Non-Trading	01/05/2014	21/04/2017	Director
MYOLIFE LTD.	07691323	Company is dissolved	04/07/2011	01/04/2013	Director