



Adam Nightingale

915951245

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Adam Nightingale	<b>Number</b>	915951245
<b>Postcode</b>	LS16 7NL	<b>Address</b>	Cookridge Hall Health & Fitness Limited Cookridge Cookridge Leeds West Yorkshire
<b>Date of birth</b>	August 1973	<b>Nationality</b>	British
<b>Total current directorships</b>	0		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
N/A*					

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
COOKRIDGE HALL HEALTH & FITNESS LIMITED	07609432	Non-Trading	19/04/2011	08/12/2017	Director