



Lynda Louise Howarth

915748440

Director Information

Title	Mrs	Honours	
Name	Lynda Louise Howarth	Number	915748440
Postcode	EC4R 9AT	Address	Vvw 24 King William Street London
Date of birth	April 1980	Nationality	British
Total current directorships	2		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
PERFECT RECEPTION LTD	08593938	Active - Accounts Filed	02/07/2013		Director
LANGUAGE OF DANCE TRUST	01517745	Active - Accounts Filed	22/09/2010		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
SHAPERS (CATERHAM) LIMITED	09201609	Active - Accounts Filed	03/09/2014	02/11/2021	Director
LOVE YOUR BODY3 LIMITED	08539434	Active - Accounts Filed	04/07/2013	02/11/2021	Director
LOVE YOUR BODY 4 LIMITED	08593936	Active - Accounts Filed	02/07/2013	02/11/2021	Director
EMPOWERED GYMS LIMITED	08532897	Active - Accounts Filed	17/05/2013	09/03/2018	Director
GYM5 LIMITED	08524549	Active - Accounts Filed	10/05/2013	02/11/2021	Director
SHAPERS (EPSOM) LIMITED	08253002	Company is dissolved	15/10/2012	31/10/2018	Director
SHAPERS (SUTTON) LIMITED	08146461	Active - Accounts Filed	25/07/2012	02/11/2021	Director
SHAPERS (SYDENHAM) LIMITED	05712483	Active - Accounts Filed	01/07/2007	02/11/2021	Director