



Matthew Giles Thomas Smith

915417060

Director Information

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|------------------------------------|----------------------------|--------------------|-----------|
| Title | Mr | Honours | |
| Name | Matthew Giles Thomas Smith | Number | 915417060 |
| Postcode | | Address | |
| Date of birth | November 1975 | Nationality | British |
| Total current directorships | 17 | | |

List of Current Directorships

| Company Name | Number | Company Status | App. Date | Res. Date | Position |
|---|----------|-------------------------|------------|-----------|----------|
| AVIE AI LTD | 13441606 | Active - Accounts Filed | 30/03/2023 | | Director |
| ADIA HEALTH LIMITED | 11368931 | Active - Accounts Filed | 25/04/2022 | | Director |
| BLOW LTD | 08488937 | Active - Accounts Filed | 03/12/2021 | | Director |
| BEYOND 100 LIMITED | 12526822 | Active - Accounts Filed | 01/04/2021 | | Director |
| HOLLAND & BARRETT INTERNATIONAL LIMITED | 04515115 | Active - Accounts Filed | 01/01/2021 | | Director |
| L1R HB FINANCE LIMITED | FC034767 | Active - Accounts Filed | 01/01/2021 | | Director |
| HOLLAND & BARRETT HOLDINGS LIMITED | 03262074 | Active - Accounts Filed | 01/01/2021 | | Director |
| L1R HB LIMITED | FC034773 | Active - Accounts Filed | 01/01/2021 | | Director |
| HOLLAND & BARRETT LIMITED | 00390308 | Non-Trading | 01/01/2021 | | Director |
| HOLLAND & BARRETT RETAIL LIMITED | 02758955 | Active - Accounts Filed | 01/01/2021 | | Director |
| L1R HB MIDCO LIMITED | FC034766 | Active - Accounts Filed | 01/01/2021 | | Director |
| HEALTH & DIET GROUP LIMITED | 00969167 | Active - Accounts Filed | 01/01/2021 | | Director |
| L1R HB MIDCO SUB LIMITED | FC034763 | Active - Accounts Filed | 01/01/2021 | | Director |
| HOLLAND & BARRETT GROUP LIMITED | 03086306 | Active - Accounts Filed | 01/01/2021 | | Director |
| PRECISION ENGINEERED LIMITED | 05059593 | Non-Trading | 01/01/2021 | | Director |
| LIFECYCLE 2018 LIMITED | 01816173 | Non-Trading | 01/01/2021 | | Director |
| HOLLAND & BARRETT (BENELUX) LIMITED | 08684899 | Non-Trading | 01/01/2021 | | Director |

List of Previous Directorships

| Company Name | Number | Company Status | App. Date | Res. Date | Position |
|--------------------------------|----------|-------------------------|------------|------------|------------|
| NUTRITION WAREHOUSE LIMITED | 03615533 | Company is dissolved | 01/01/2021 | | Director |
| GOOD 'N' NATURAL LIMITED | 05907954 | Company is dissolved | 01/01/2021 | | Director |
| NEAL'S YARD WHOLEFOODS LIMITED | 02577877 | Company is dissolved | 01/01/2021 | | Director |
| THE SCREWFIX FOUNDATION | 08415662 | Active - Accounts Filed | 22/02/2013 | 29/06/2018 | Director |
| FOOT ANSTEY LLP | OC360255 | Active - Accounts Filed | 31/12/2010 | 30/10/2012 | LLP Member |



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DAME HANNAH ROGERS TRUST 05512987 Company is dissolved 05/03/2010 08/01/2017 Director