



Matthew Giles Thomas Smith

915417060

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Matthew Giles Thomas Smith	<b>Number</b>	915417060
<b>Postcode</b>		<b>Address</b>	
<b>Date of birth</b>	November 1975	<b>Nationality</b>	British
<b>Total current directorships</b>	17		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
AVIE AI LTD	13441606	Active - Accounts Filed	30/03/2023		Director
ADIA HEALTH LIMITED	11368931	Active - Accounts Filed	25/04/2022		Director
BLOW LTD	08488937	Active - Accounts Filed	03/12/2021		Director
BEYOND 100 LIMITED	12526822	Active - Accounts Filed	01/04/2021		Director
HOLLAND & BARRETT INTERNATIONAL LIMITED	04515115	Active - Accounts Filed	01/01/2021		Director
L1R HB FINANCE LIMITED	FC034767	Active - Accounts Filed	01/01/2021		Director
HOLLAND & BARRETT HOLDINGS LIMITED	03262074	Active - Accounts Filed	01/01/2021		Director
L1R HB LIMITED	FC034773	Active - Accounts Filed	01/01/2021		Director
HOLLAND & BARRETT LIMITED	00390308	Non-Trading	01/01/2021		Director
HOLLAND & BARRETT RETAIL LIMITED	02758955	Active - Accounts Filed	01/01/2021		Director
L1R HB MIDCO LIMITED	FC034766	Active - Accounts Filed	01/01/2021		Director
HEALTH & DIET GROUP LIMITED	00969167	Active - Accounts Filed	01/01/2021		Director
L1R HB MIDCO SUB LIMITED	FC034763	Active - Accounts Filed	01/01/2021		Director
HOLLAND & BARRETT GROUP LIMITED	03086306	Active - Accounts Filed	01/01/2021		Director
PRECISION ENGINEERED LIMITED	05059593	Non-Trading	01/01/2021		Director
LIFECYCLE 2018 LIMITED	01816173	Non-Trading	01/01/2021		Director
HOLLAND & BARRETT (BENELUX) LIMITED	08684899	Non-Trading	01/01/2021		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
NUTRITION WAREHOUSE LIMITED	03615533	Company is dissolved	01/01/2021		Director
GOOD 'N' NATURAL LIMITED	05907954	Company is dissolved	01/01/2021		Director
NEAL'S YARD WHOLEFOODS LIMITED	02577877	Company is dissolved	01/01/2021		Director
THE SCREWFIX FOUNDATION	08415662	Active - Accounts Filed	22/02/2013	29/06/2018	Director
FOOT ANSTEY LLP	OC360255	Active - Accounts Filed	31/12/2010	30/10/2012	LLP Member



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**Matthew Giles Thomas Smith**

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DAME HANNAH ROGERS TRUST	05512987	Company is dissolved	05/03/2010	08/01/2017	Director
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