



Alan Robert Martin

912819323

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Alan Robert Martin	<b>Number</b>	912819323
<b>Postcode</b>	TW9 1PL	<b>Address</b>	1 The Green Richmond Surrey United Kingdom
<b>Date of birth</b>	December 1957	<b>Nationality</b>	British
<b>Total current directorships</b>	6		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
FOOD FOR THOUGHT (GUILDFORD) LIMITED	01713209	Active - Accounts Filed	15/02/2008		Company Secretary
FOOD FOR THOUGHT (KINGSTON) LIMITED	01539589	Active - Accounts Filed	15/02/2008		Director
FOOD FOR THOUGHT (GUILDFORD) LIMITED	01713209	Active - Accounts Filed	15/02/2008		Director
FOOD FOR THOUGHT (KINGSTON) LIMITED	01539589	Active - Accounts Filed	15/02/2008		Company Secretary
BONPOM LTD	05855805	Non-Trading	01/06/2007		Company Secretary
BONPOM LTD	05855805	Non-Trading	23/06/2006		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
FOOD FOR THOUGHT (KEW) LIMITED	05258852	Active - Accounts Filed	16/02/2018	08/04/2024	Director
SPROUT ME LIMITED	08904855	Company is dissolved	20/02/2014		Director
ELEVATE GUILDFORD LTD	08276432	Active - Accounts Filed	23/01/2013	13/05/2022	Director
HELP OVERCOME PANIC EFFECTS LIMITED	03122961	Company is dissolved	22/07/1998	16/04/1999	Director