



Gareth Kevin Caple

911276043

Director Information

Title	Mr	Honours	
Name	Gareth Kevin Caple	Number	911276043
Postcode	LS12 3EH	Address	4 Barden Grove, Armley Leeds United Kingdom
Date of birth	October 1977	Nationality	British
Total current directorships	3		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
LIFE PERSONAL TRAINING LTD	10378188	Active - Accounts Filed	16/09/2016		Director
LIFE CHANGING RETREATS LTD	10372467	Active - Accounts Filed	13/09/2016		Director
JUMP FITNESS LTD	08119347	Active - Accounts Filed	11/10/2013		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
ALDERLEY EDGE WELLNESS LTD	11647314	Company is dissolved	29/10/2018		Director
POYNTON WELLNESS LIMITED	11506727	Company is dissolved	08/08/2018		Director
YOGA LIFE WORLDWIDE LTD	09838732	Company is dissolved	23/10/2015		Director
YOGA LIFE CHESHIRE LTD	08737495	Company is dissolved	17/10/2013		Director
JUICE LIFE LTD	08526140	Company is dissolved	13/05/2013		Director
FREESTYLE MONEY SHOT LTD.	07893654	Company is dissolved	29/12/2011		Director
PRO-ACTIVE PT LIMITED	07303460	Company is dissolved	02/07/2010	12/09/2013	Director
RED FITNESS LIMITED	06894252	Company is dissolved	01/05/2009		Director
WILMSLOW LEISURE LIMITED	06859836	In Liquidation	26/03/2009	26/03/2009	Director
PERFECT SALES LIMITED	05754733	Company is dissolved	13/04/2006		Director