



Jonathan Parker

910081303

## Director Information

|                                    |                 |                    |   |
|------------------------------------|-----------------|--------------------|---|
| <b>Title</b>                       | Mr              | <b>Honours</b>     |   |
| <b>Name</b>                        | Jonathan Parker | <b>Number</b>      | 910081303                                       |
| <b>Postcode</b>                    | CT5 4QE         | <b>Address</b>     | 4 Hilltop<br>Stanley Road<br>Whitstable<br>Kent |
| <b>Date of birth</b>               | January 1968    | <b>Nationality</b> | British   |
| <b>Total current directorships</b> | 0               |                    |   |

### List of Current Directorships

| Company Name | Number | Company Status | App. Date | Res. Date | Position |
|--------------|--------|----------------|-----------|-----------|----------|
| N/A*         |        |                |           |           |          |

### List of Previous Directorships

| Company Name                              | Number   | Company Status       | App. Date  | Res. Date  | Position          |
|---|----------|----------------------|------------|------------|-------------------|
| CONTROL ABILITY FITNESS EDUCATION LIMITED | 05216396 | Company is dissolved | 03/10/2004 |            | Director          |
| BODY INFORM LIMITED                       | 04206008 | Company is dissolved | 26/04/2001 |            | Director          |
| TRAINING AHEAD LIMITED                    | 03854526 | Company is dissolved | 07/10/1999 |            | Director          |
| TRAINING AHEAD LIMITED                    | 03854526 | Company is dissolved | 07/10/1999 |            | Company Secretary |
| REFORMATION LIFESTYLES LIMITED            | 03752949 | Company is dissolved | 15/04/1999 | 10/04/2003 | Company Secretary |
| REFORMATION LIFESTYLES LIMITED            | 03752949 | Company is dissolved | 15/04/1999 | 02/04/2003 | Director          |
| RHODES-COOKE HEALTHCARE LIMITED           | 03122786 | Company is dissolved | 01/09/1998 | 31/12/2001 | Director          |
| HOLMES PLACE CONCEPT TRAINING LIMITED     | 03265156 | Company is dissolved | 18/10/1996 | 31/12/2001 | Director          |
| LIFEWISE U.K. LIMITED                     | 03125658 | Company is dissolved | 01/01/1996 |            | Director          |
| LIFEWISE U.K. LIMITED                     | 03125658 | Company is dissolved | 01/01/1996 |            | Company Secretary |
| CONCEPT PERSONAL TRAINING LIMITED         | 03005253 | Company is dissolved | 23/12/1994 |            | Director          |
| CONCEPT PERSONAL TRAINING LIMITED         | 03005253 | Company is dissolved | 23/12/1994 |            | Company Secretary |