



Helen Janet Knox

906580518

## Director Information

|                                    |                  |                    |   |
|------------------------------------|------------------|--------------------|---|
| <b>Title</b>                       | Ms               | <b>Honours</b>     |   |
| <b>Name</b>                        | Helen Janet Knox | <b>Number</b>      | 906580518   |
| <b>Postcode</b>                    | LU4 8FE          | <b>Address</b>     | 5 Imperial Court Laporte Way<br>Luton<br>Bedfordshire<br>United Kingdom |
| <b>Date of birth</b>               | April 1956       | <b>Nationality</b> | British   |
| <b>Total current directorships</b> | 4                |                    |   |

### List of Current Directorships

| Company Name              | Number   | Company Status          | App. Date  | Res. Date  | Position          |
|---------------------------|----------|-------------------------|------------|------------|-------------------|
| MIDNIGHT LEARNING LIMITED | 11074166 | Active - Accounts Filed | 21/11/2017 |            | Director          |
| SEXPLAINED FOUNDATION     | 04164286 | Active - Accounts Filed | 01/09/2012 | 31/12/2011 | Director          |
| SEXPLAINED LIMITED        | 03834365 | Active - Accounts Filed | 01/09/1999 |            | Director          |
| SEXPLAINED LIMITED        | 03834365 | Active - Accounts Filed | 01/09/1999 |            | Company Secretary |

### List of Previous Directorships

| Company Name                 | Number   | Company Status       | App. Date  | Res. Date  | Position          |
|------------------------------|----------|----------------------|------------|------------|-------------------|
| MSH HEALTH & WELLBEING       | 08532529 | Company is dissolved | 16/05/2013 | 01/05/2017 | Director          |
| COMMUNITY INTEREST COMPANY   |          |                      |            |            |                   |
| METROSEXUAL HEALTH LIMITED   | 05363613 | Company is dissolved | 15/09/2009 | 01/12/2009 | Company Secretary |
| INSPIRED TO CARE LIMITED     | 05992390 | Company is dissolved | 08/11/2006 |            | Company Secretary |
| INSPIRED TO CARE LIMITED     | 05992390 | Company is dissolved | 08/11/2006 |            | Director          |
| SYNC STUDIOS LIMITED         | 05879531 | Company is dissolved | 18/07/2006 | 09/01/2008 | Company Secretary |
| SYNC STUDIOS LIMITED         | 05879531 | Company is dissolved | 18/07/2006 | 19/03/2007 | Director          |
| EDUMUSIC PRODUCTIONS LIMITED | 05802088 | Company is dissolved | 02/05/2006 |            | Company Secretary |
| EDUMUSIC PRODUCTIONS LIMITED | 05802088 | Company is dissolved | 02/05/2006 |            | Director          |
| PRO-TEKTA LIMITED            | 04751862 | Company is dissolved | 02/05/2003 |            | Director          |
| KNOX PUBLISHING LIMITED      | 04382685 | Company is dissolved | 27/02/2002 |            | Company Secretary |
| KNOX PUBLISHING LIMITED      | 04382685 | Company is dissolved | 27/02/2002 |            | Director          |