



John Charles Inwood

905639855

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	BSC HONS ARICS
<b>Name</b>	John Charles Inwood	<b>Number</b>	905639855
<b>Postcode</b>	W1S 1HQ	<b>Address</b>	5 Hanover Square London
<b>Date of birth</b>	November 1965	<b>Nationality</b>	British
<b>Total current directorships</b>	15		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
HELICAL FINANCE (AV) LIMITED	09267737	Active - Accounts Filed	12/07/2017		Director
HELICAL (POWER ROAD) LIMITED	09886101	Non-Trading	05/01/2016		Director
HELICAL (WHITECHAPEL) LIMITED	08610414	Active - Accounts Filed	14/09/2015		Director
HELICAL (CHART) LIMITED	09477915	Active - Accounts Filed	09/03/2015		Director
METROPOLIS PROPERTY LIMITED	07774625	Active - Accounts Filed	04/11/2011		Director
HELICAL (WEST LONDON) LIMITED	07759083	Non-Trading	02/09/2011		Director
SCBP MANAGEMENT COMPANY LIMITED	05122539	Non-Trading	07/05/2004		Director
HB SAWSTON NO.1 LIMITED	04554408	Non-Trading	02/06/2003		Director
HB SAWSTON NO.4 LIMITED	04740871	Non-Trading	02/06/2003		Director
HB SAWSTON NO.3 LIMITED	04740870	Active - Accounts Filed	02/06/2003		Director
HB SAWSTON NO.2 LIMITED	04701723	Non-Trading	02/06/2003		Director
AYCLIFFE AND PETERLEE DEVELOPMENT COMPANY LIMITED	02184267	Non-Trading	01/02/1999		Director
HELICAL PROPERTIES LIMITED	00706716	Non-Trading	08/01/1998		Director
AYCLIFFE AND PETERLEE INVESTMENT COMPANY LIMITED	02195005	Active - Accounts Filed	08/01/1998		Director
HELICAL PROPERTIES INVESTMENT LIMITED	01919072	Active - Accounts Filed	08/01/1998		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
HELICAL (YATE) LIMITED	09159030	Company is dissolved	14/09/2015		Director
HELICAL (NORTHAMPTON) LIMITED	09685886	Company is dissolved	14/07/2015		Director
HELICAL (HALESOWEN) LIMITED	09685841	Company is dissolved	14/07/2015		Director
SENIOR LIVING MEDICI HOLDCO LIMITED	05936496	Non-Trading	02/07/2015	13/11/2017	Director
HELICAL (JARROW) LIMITED	09666108	Company is dissolved	01/07/2015		Director
HELICAL (CHESTER) LIMITED	09662565	Company is dissolved	30/06/2015		Director
HELICAL (DOXFORD) LIMITED	09623794	Company is dissolved	04/06/2015		Director



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HELICAL (BEACON ROAD) LIMITED	09598683	Company is dissolved	19/05/2015		Director
HELICAL (ALFRETON) LIMITED	09573665	Company is dissolved	05/05/2015		Director
HELICAL (STONE) LIMITED	09536500	Company is dissolved	10/04/2015		Director
HELICAL (GREAT YARMOUTH) LIMITED	09484736	Company is dissolved	12/03/2015		Director
HELICAL (HINCKLEY) LIMITED	09457787	Company is dissolved	25/02/2015		Director
HELICAL (PORTBURY) LIMITED	09442835	Company is dissolved	17/02/2015		Director
HELICAL (BOW) LIMITED	09437772	Company is dissolved	13/02/2015		Director
HELICAL (CANNOCK) LIMITED	09439137	Company is dissolved	13/02/2015		Director
HELICAL (STEVENAGE) LIMITED	09421942	Company is dissolved	04/02/2015		Director
CORBY TOWN CENTRE LIMITED	08665281	Company is dissolved	14/10/2013	16/03/2015	Director
HELICAL (QUARTZ) LIMITED	08654935	Company is dissolved	19/08/2013		Director
HELICAL (PORCHESTER) LIMITED	08629120	Company is dissolved	29/07/2013		Director
HELICAL (HUDDERSFIELD) LIMITED	08611430	Company is dissolved	16/07/2013		Director
HELICAL (ARTILLERY) LIMITED	08538645	Company is dissolved	05/07/2013		Director
CORBY TOWN CENTRE MANAGEMENT LIMITED	08269132	Company is dissolved	10/05/2013	16/03/2015	Director
HELICAL (BASILDON) LIMITED	07641626	Company is dissolved	13/08/2012		Director
BASILDON GENERAL PARTNER LIMITED	07641837	Company is dissolved	13/08/2012		Director
BASILDON NOMINEE LIMITED	07642892	Company is dissolved	13/08/2012		Director
CORBY TC LIMITED	02248576	Company is dissolved	21/10/2011	16/03/2015	Director
HELICAL (CORBY INVESTMENTS) LIMITED	07776823	Company is dissolved	16/09/2011		Director
PRESCOT STREET INVESTMENTS LIMITED	04072722	Company is dissolved	05/08/2010		Director
ALBION LAND (SANDIACRE) LIMITED	05384470	Company is dissolved	23/10/2009		Director
ALBION LAND (BUSHEY MILL) LIMITED	05837328	Company is dissolved	23/10/2009		Director
ABBEYGATE HELICAL (LEISURE PLAZA) LIMITED	04224770	Active - Accounts Filed	20/10/2009	15/08/2012	Director
ABBEYGATE HELICAL (WINTERHILL) LIMITED	04224531	Company is dissolved	20/10/2009	15/08/2012	Director
ABBEYGATE HELICAL (WILLEN) LIMITED	04267061	Company is dissolved	20/10/2009		Director
DENCORA (FORDHAM) LIMITED	01971676	Company is dissolved	16/10/2009		Director
HELICAL (FORDHAM) LIMITED	05987334	Company is dissolved	16/10/2009		Director
BEAVER INDUSTRIAL ESTATE MANAGEMENT COMPANY LIMITED	06611718	Active - Accounts Filed	23/03/2009	06/01/2012	Director
SENIOR LIVING (EXETER) LIMITED	06338001	Active - Accounts Filed	05/09/2007	13/11/2017	Director
HELICAL (TELFORD) LIMITED	05987344	Company is dissolved	27/02/2007		Director
KIDLINGTON MANAGEMENT LIMITED	06023431	Active - Accounts Filed	08/12/2006	16/12/2010	Director



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SENIOR LIVING (DURRANTS) LIMITED	05895651	Active - Accounts Filed	27/10/2006	13/11/2017	Director
THE MORGAN APARTMENTS MANAGEMENT COMPANY LIMITED	05903841	Non-Trading	11/08/2006	11/05/2017	Director
HELICAL (MILTON) LIMITED	05795373	Company is dissolved	29/06/2006		Director
CRANMER INVESTMENTS (WHITSTABLE) LIMITED	05795368	Company is dissolved	29/06/2006		Director
HELICAL BAR (SCOTLAND) LIMITED	SC116089	Company is dissolved	28/02/2006		Director
HELICAL (CRAWLEY) LIMITED	05665508	Company is dissolved	06/02/2006		Director
HELICAL (CRAWLEY ROADWAY) LIMITED	05665573	Company is dissolved	06/02/2006		Director
HELICAL (SOUTHALL) LIMITED	05591987	Company is dissolved	24/11/2005		Director
HELICAL (KIDLINGTON) LIMITED	05558032	Company is dissolved	20/10/2005		Director
HELICAL (EAST GRINSTEAD) LIMITED	05502014	Company is dissolved	08/09/2005		Director
HELICAL REGISTRARS LIMITED	04701446	Non-Trading	28/07/2005	22/02/2006	Director
HELICAL (UNWINS) LIMITED	05410437	Company is dissolved	28/07/2005		Director
HELICAL (PAIGNTON) LIMITED	05507127	Company is dissolved	15/07/2005		Director
ABBEYGATE HELICAL (MK) LIMITED	05452319	Company is dissolved	13/05/2005		Director
MILL STREET MANAGEMENT (SLOUGH) LIMITED	05209459	Active - Accounts Filed	29/03/2005	11/04/2017	Director
HELICAL (CARDIFF) LIMITED	05268782	Company is dissolved	14/03/2005		Director
DENCORA (NEWMARKET) LIMITED	05349822	Company is dissolved	11/03/2005		Director
EYRE STREET LIMITED	05328123	Company is dissolved	28/01/2005		Director
HELICAL (BATTERSEA) LIMITED	05333221	Company is dissolved	14/01/2005		Director
HELICAL (WINTERHILL) LTD	05279358	Company is dissolved	16/11/2004		Director
HELICAL BAR (EPSOM) LIMITED	05261065	Company is dissolved	18/10/2004		Director
HELICAL (AYCLIFFE) LIMITED	05257076	Company is dissolved	12/10/2004		Director
HELICAL (COWLEY) LIMITED	05234274	Company is dissolved	20/09/2004		Director
HELICAL (CROWBOROUGH) LIMITED	05177752	Company is dissolved	26/08/2004		Director
HELICAL (MILL STREET) LIMITED	04309210	Company is dissolved	09/08/2004		Director
HELICAL (ASHFORD) LIMITED	05158293	Company is dissolved	29/07/2004		Director
PPMDSL (CARDIFF) LIMITED	04995532	Company is dissolved	11/03/2004		Director
MAUDSLAY PARK LIMITED	04845184	Company is dissolved	10/12/2003		Director
HELICAL (WORTHING) LIMITED	04963134	Company is dissolved	20/11/2003		Director
HELICAL (BELVEDERE) LIMITED	04840863	Company is dissolved	10/09/2003		Director
HELICAL (SHEPHERDS) LIMITED	04787337	Company is dissolved	09/07/2003		Director