



Howard Peter Landon

900253252

Director Information

Title	Mr	Honours	
Name	Howard Peter Landon	Number	900253252
Postcode	CW11 2TQ	Address	Randle Road Farm Newcastle Road, Betchton Sandbach Cheshire
Date of birth	January 1941	Nationality	British
Total current directorships	0		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
N/A*					

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
SHAPE UP AND GO LIMITED	05180939	Company is dissolved	22/09/2004	11/07/2006	Director
SHAPE UP AND SHARE LIMITED	05180936	Company is dissolved	22/09/2004	31/10/2006	Director
PHYSIO-REHAB CENTRES LIMITED	04614688	Company is dissolved	11/12/2002		Director
AUTOTHERAPY LIMITED	04360645	Company is dissolved	25/01/2002		Director
AUTOTHERAPY LIMITED	04360645	Company is dissolved	25/01/2002	09/02/2004	Company Secretary
FITNESS & LEISURE GROUP (SOUTHERN) LIMITED	03953280	Company is dissolved	06/04/2000	19/12/2001	Director
FITNESS & LEISURE GROUP (HOLDINGS) LTD	03951675	Company is dissolved	06/04/2000	19/12/2001	Director
MOTORKINETICS LIMITED	03683696	Company is dissolved	04/02/1999	19/12/2001	Director
ASTRO FITNESS SYSTEMS LIMITED	03302135	Company is dissolved	28/08/1998		Director
MOTORCISE (TAMWORTH) LIMITED	03607302	Company is dissolved	13/08/1998	19/12/2001	Director
MOTORCISE (HANLEY) LIMITED	03450787	Company is dissolved	16/10/1997		Director
MOTORCISE (BURTON) LIMITED	03451018	Company is dissolved	16/10/1997		Director
MOTORCISE (LONDON) LIMITED	03451023	Company is dissolved	16/10/1997		Director
MOTORCISE (BRISTOL) LIMITED	03450791	Company is dissolved	16/10/1997		Director
MOTORCISE (STOKE) LIMITED	03450778	Company is dissolved	16/10/1997		Director
MOTORCISE (NOTTINGHAM) LIMITED	03450775	Company is dissolved	16/10/1997		Director
MOTORCISE LIMITED	03389673	Company is dissolved	13/10/1997	19/12/2001	Director
HEALTHY LIVING CENTRES LIMITED	03336108	Company is dissolved	09/05/1997	19/12/2001	Director
MOTORCISE (LEEDS) LIMITED	03242992	Company is dissolved	17/10/1996		Director
MOTORCISE (LICHFIELD) LIMITED	03030114	Company is dissolved	14/03/1995		Director



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CURVES (BOURNEMOUTH) LIMITED	02831045	Company is dissolved	28/06/1993	Director
MOTORCISE (MANCHESTER) LIMITED	00987236	Company is dissolved	31/12/1991	Director
FITNESS AND LEISURE GROUP LIMITED	01433826	Company is dissolved	31/12/1991 19/12/2001	Director
MOTORCISE (LIVERPOOL) LIMITED	01413502	Company is dissolved	31/12/1991	Director
MOTORCISE (WOLVERHAMPTON) LIMITED	01413132	Company is dissolved	12/12/1991	Director
MOTORCISE (BIRMINGHAM) LIMITED	02544059	Company is dissolved	27/09/1991	Director