



Howard Peter Landon

900253252

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Howard Peter Landon	<b>Number</b>	900253252
<b>Postcode</b>	CW11 2TQ	<b>Address</b>	Randle Road Farm Newcastle Road, Betchton Sandbach Cheshire
<b>Date of birth</b>	January 1941	<b>Nationality</b>	British
<b>Total current directorships</b>	0		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
N/A*					

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
SHAPE UP AND GO LIMITED	05180939	Company is dissolved	22/09/2004	11/07/2006	Director
SHAPE UP AND SHARE LIMITED	05180936	Company is dissolved	22/09/2004	31/10/2006	Director
PHYSIO-REHAB CENTRES LIMITED	04614688	Company is dissolved	11/12/2002		Director
AUTOTHERAPY LIMITED	04360645	Company is dissolved	25/01/2002		Director
AUTOTHERAPY LIMITED	04360645	Company is dissolved	25/01/2002	09/02/2004	Company Secretary
FITNESS & LEISURE GROUP (SOUTHERN) LIMITED	03953280	Company is dissolved	06/04/2000	19/12/2001	Director
FITNESS & LEISURE GROUP (HOLDINGS) LTD	03951675	Company is dissolved	06/04/2000	19/12/2001	Director
MOTORKINETICS LIMITED	03683696	Company is dissolved	04/02/1999	19/12/2001	Director
ASTRO FITNESS SYSTEMS LIMITED	03302135	Company is dissolved	28/08/1998		Director
MOTORCISE (TAMWORTH) LIMITED	03607302	Company is dissolved	13/08/1998	19/12/2001	Director
MOTORCISE (HANLEY) LIMITED	03450787	Company is dissolved	16/10/1997		Director
MOTORCISE (BURTON) LIMITED	03451018	Company is dissolved	16/10/1997		Director
MOTORCISE (LONDON) LIMITED	03451023	Company is dissolved	16/10/1997		Director
MOTORCISE (BRISTOL) LIMITED	03450791	Company is dissolved	16/10/1997		Director
MOTORCISE (STOKE) LIMITED	03450778	Company is dissolved	16/10/1997		Director
MOTORCISE (NOTTINGHAM) LIMITED	03450775	Company is dissolved	16/10/1997		Director
MOTORCISE LIMITED	03389673	Company is dissolved	13/10/1997	19/12/2001	Director
HEALTHY LIVING CENTRES LIMITED	03336108	Company is dissolved	09/05/1997	19/12/2001	Director
MOTORCISE (LEEDS) LIMITED	03242992	Company is dissolved	17/10/1996		Director
MOTORCISE (LICHFIELD) LIMITED	03030114	Company is dissolved	14/03/1995		Director



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CURVES (BOURNEMOUTH) LIMITED	02831045	Company is dissolved	28/06/1993	Director
MOTORCISE (MANCHESTER) LIMITED	00987236	Company is dissolved	31/12/1991	Director
FITNESS AND LEISURE GROUP LIMITED	01433826	Company is dissolved	31/12/1991 19/12/2001	Director
MOTORCISE (LIVERPOOL) LIMITED	01413502	Company is dissolved	31/12/1991	Director
MOTORCISE (WOLVERHAMPTON) LIMITED	01413132	Company is dissolved	12/12/1991	Director
MOTORCISE (BIRMINGHAM) LIMITED	02544059	Company is dissolved	27/09/1991	Director